

FREQUENCIES · IN ORDER OF USE					
ATIS	Clearance	Ground	Tower / CTAF	Departure	Squawk
Center	Flight following	FSS	Guard	Approach	ATIS
		122.2	121.5		
Tower / CTAF	Ground	UNICOM			

AIRPORT DIAGRAMS		IF YOU DIVERT		NOTES
		Field		
		Heading		
		Distance		
		Time		
		Fuel		
		Frequency		

ADVERSE CONDITIONS/TFRS	
WA	
WS	
WST	
PIREPS	
TFRs	
NOTAMS	

ROUTE SKETCH

AIRCRAFT FUEL MANAGEMENT			% POWER		GPH FUEL FLOW	
	TAXI	CLIMB	CRUISE	DESCENT	ALT	TOTAL
TIME						
FUEL						
DIST						

STATION	METARS	TAFS

ICAO FLIGHT PLAN FAA Form 7233-4 items · file with Leidos, ForeFlight or your school's dispatch

3 MESSAGE TYPE

7 AIRCRAFT IDENTIFICATION

8 FLIGHT RULES

TYPE OF FLIGHT

9 NUMBER

TYPE OF AIRCRAFT

WAKE TURBULENCE CAT

10 EQUIPMENT / SURVEILLANCE

13 DEPARTURE AERODROME

TIME (UTC)

15 CRUISING SPEED

LEVEL

ROUTE

16 DESTINATION AERODROME

TOTAL EET (HR MIN)

ALTN AERODROME

2ND ALTN

18 OTHER INFORMATION

SUPPLEMENTARY INFORMATION (NOT TO BE TRANSMITTED IN FPL MESSAGES)

19 ENDURANCE (HR MIN)

PERSONS ON BOARD

EMERGENCY RADIO

SURVIVAL EQUIPMENT · JACKETS

DINGHIES · NUMBER · CAPACITY · COLOUR

AIRCRAFT COLOUR AND MARKINGS

REMARKS

PILOT IN COMMAND

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